

JEFFERSON COUNTY CHAMBER OF COMMERCE
29 KEYES FERRY ROAD, SUITE 200
P. O. BOX 426
CHARLES TOWN, WV 25414
(304) 725-2055 or (800) 624-0577
FAX: (304) 728-8307
EMAIL: chamber@jeffersoncounty.com
www.jeffersoncounty.com

BULLETIN NO. 570

JANUARY 3, 2008

MEMBERSHIP MEETING – JANUARY 24, 2008

The monthly membership meeting of the Jefferson County Chamber of Commerce will be held on Thursday, January 24, 2008, at 12:00 noon at **Charles Town Races & Slots** in the Epic Buffet. We urge all members to attend this luncheon when President Chris Colbert will present donations in the name of your Chamber to the county's Fire Companies, our Partners in Education – Charles Town, Harpers Ferry and Shepherdstown Middle Schools – and other organizations in our County. These donations, made possible through your support as members along with the continuing success of our Mountain Heritage Arts & Crafts Festivals, will help these organizations continue their fine work in our community. Please contact your Chamber by January 18 to RSVP. Members and guests will enjoy the buffet for \$8.00 per person including tax and gratuity.

ARTS & CRAFTS JURYING

The January jurying for the 2008 Mountain Heritage Arts & Crafts Festivals is scheduled for January 18-20 at **Independent Fire Company** located on Fairfax Boulevard in Ranson. On Friday, January 18 and Saturday, January 19, the hours are 9:00 a.m.-5:00 p.m. and on Sunday, January 20, the hours are 9:00 a.m.-12:00 noon. Approximately 200 artists/craftspersons are scheduled to present their work for possible inclusion in the 2008 festivals. Chamber members are cordially invited to stop by during the jurying.

WELCOME TO JEFFERSON COUNTY

Plans are proceeding to update and reprint your Chamber's guidebook, *Welcome to Jefferson County*. This informative publication on Jefferson County was very well received by Chamber members who advertised in the book. Newcomers and visitors to the area often say how beneficial the information is and how much it has helped them in getting to know the county. Information on advertising for Chamber members is included in this monthly news bulletin. Promote your business by advertising in *Welcome to Jefferson County*!

LEADERSHIP JEFFERSON

Leadership Jefferson met on December 12 for the Local Government module. Participants met with County and City of Charles Town officials to learn about their roles in county and city government. Leadership Jefferson participants will meet on January 9 for the Economic Development module. Professor Russell Sobel, Professor of Economics at WVU and author of the book, Unleashing Capitalism, will talk to the class.

MEMBERSHIP REPORT

We are pleased to welcome the following new members:

Carpets Unlimited, Inc.
Ralph Abelow, Rep.
13018 Pennsylvania Avenue
Hagerstown, MD 21742
(301) 791-7130
hagerstown.abbeycarpet.com
Carpet & Floors

Buchanan Services, Inc.
Harold T. Buchanan Jr., Rep.
P. O. Box 1149
Ranson, WV 25438
(304) 616-0360
www.buchserv.com
Computer & Printer Repairs

Panera Bread
Katie Burner, Rep.
72 Oak Lee Drive
Ranson, WV 25438
(304) 728-3000
www.panerabread.com
Restaurant

Audiology Hearing Care Services, Inc.
Cheryl Urias, Rep.
113 W. Liberty Street
Charles Town, WV 25414
(304) 728-6763
www.audiologyhearing.org
Hearing Testing

The Church of Joyous Living, NSAC
Rev. Alexis S. Rolnick, Rep.
128 Burnlea Road
Charles Town, WV 25414
(304) 725-3763
asrolnick@aol.com
Church

As of this date, we have 445 members who have paid their fair share investments for a total of \$46,596.00 for fiscal year 2007-2008.

NEWS FROM CHAMBER MEMBERS

Hospice of the Panhandle offers many support groups facilitated by specially trained staff. One of these is Circle of Hope, a six-week program offering information and support for those wishing to learn more about grief and bereavement. The program will be held every Thursday starting January 17 thru February 21. Another support group, Parents Group, addresses the issues of coping after the loss of a child. It is held on the second Wednesday of every month from 7:00-8:30 p.m. The public is welcome and there is no cost to participate. For more information and to inquire about locations, please contact Larry Crawley-Woods at (304) 702-4486.

The following is information from Lisa Mann, Certified Personal Trainer, at the Fitness Center at the **Clarion Hotel & Conference Center**. It only takes small changes to get you started on the right track to becoming more physically active. Today is your day to start thinking about yourself. Here are a few tips: 1) Establish 3 small goals and take your measurements, 2) Get 30 minutes of cardiovascular activity at least five days a week. Walking is the easiest activity that can create many benefits, 3) Keep a food journal and make healthy choices 80% of the time, 4) DRINK WATER, it flushes toxins out of your body, 5) Do resistance training (2-3 days a week), exercise with a friend, join a gym, or work with a personal trainer, 6) Stretching/Flexibility will keep muscles mobile & functioning properly, 7) Expect set-backs, none of us are perfect. A regular exercise routine can offer so many benefits to looking and feeling better about ourselves. For more information, contact Lisa at (304) 870-7011.

NEWS FROM CHAMBER MEMBERS (cont.)

Panhandle Home Health recently held their annual banquet to celebrate National Home Health Care month. They used this opportunity to recognize several employees for their years of service, including Brenda Kish, RN for 20 years of service; Debbie Klewe, Valerie Moreno, RN, and Cathy Reifer, RN for 15 years; and Andi Scappini, Vicki Rohrer, and Michelle Ruffner, RN -10 years. Louise Plowman, Assistant Clinical Manager, was honored as Employee of the Year. **Panhandle Home Health** provides premium in-home health services to residents of Jefferson, Berkeley, and Morgan Counties. Their staff of licensed and credentialed professionals includes registered nurses, physical therapists, medical social workers, and home health aides. For more information about **Panhandle Home Health**, call (304) 263-5680 or visit www.PanhandleHomeHealth.org.

West Virginia University Hospitals-East and the **WVU Robert C. Byrd Health Sciences Center Eastern Division** will sponsor a community mini-medical school program on Methicillin resistant Staphylococcus aureus (MRSA). The program will be held on Tuesday, January 15, 2008 in the Erma Byrd Health Professionals Education Center on the City Hospital campus. The public is invited to attend this mini-medical school program to learn about the prevalence of MRSA in healthcare and community settings as well as how it may be prevented. Sign-in for the community mini-medical school program begins at 6:30 p.m., with the program to follow from 7-8 p.m. This community mini-medical school program is being offered free to the public as a community service of WVUH-East and the **WVU Health Sciences Center Eastern Division**. Reservations are strongly recommended. For more information or to register for this program, call (304) 264-1223.

In an effort to decrease patient wait time in the emergency department, **Jefferson Memorial Hospital** recently added a mobile care unit outside the existing emergency department. The unit, which is staffed by an emergency medicine trained nurse practitioner supported by additional nursing staff, adds 4 treatment rooms to the emergency department. The new mobile care unit is open from 11 a.m. until 11 p.m. daily. The mobile care unit is fully functional, equipped with computers, a medication dispensing system and monitors to view digital x-rays. Earlier this year, a Certificate of Need (CON) to expand and renovate the existing emergency department at **Jefferson Memorial Hospital** was approved by the West Virginia Health Care Authority. The \$4.6 million project includes a 5,000 square foot expansion of **Jefferson Memorial's** existing emergency department from 8 to 19 beds, additional parking, renovations to the waiting rooms, and the addition of a decontamination room. Construction on the expansion should begin in 2008. The new design will allow for growth in ED patient visits at **Jefferson Memorial Hospital** until which time the new hospital is built.

DATES TO REMEMBER

Jan. 18-20 Arts & Crafts Festival Jurying – **Independent Fire Company**, Ranson
Jan. 21 Office Closed – Martin Luther King Jr. Day
Jan. 24 Monthly Membership Meeting – **Charles Town Races & Slots**,
Epic Buffet